

# StationMD

Telehealth Services for  
People with Intellectual  
and/or Developmental  
Disabilities (I/DD) in Missouri

Brought to you by:



Missouri Department of Mental Health  
DIVISION OF DEVELOPMENTAL DISABILITIES



## Did you know...

Missouri residents on any of the four DMH-DD Waivers can access a clinician for any health concern 24 hours a day, 365 days a year through StationMD's I/DD-specialized telehealth service?

## If you have a disability, or you care for someone with I/DD...

Simply tell your Support Coordinator you would like to add StationMD to your Individual Support Plan (ISP).

StationMD's telehealth service can be used day or night, anytime you need medical assistance. Examples include:



Helping you decide if  
you need to go to the ER



Fever, vomiting, cough, or  
generally feeling ill



Rashes, cuts, sores, bruises,  
& minor burns



Seizures, falls, & minor injuries



Urinary tract infections,  
constipation, diarrhea



Allergies, pink eye, and migraines



Prescription refills &  
medication issues



Questions for a doctor about  
other health concerns

## How Can I Start Using StationMD?

- If you want StationMD, ask your Support Coordinator to put it on your ISP. Once it's on your ISP, you can start using it immediately.
- If you already have StationMD on your ISP, you can start a visit with one of our doctors anytime, day or night for any health concern.

### How to start a telemedicine visit with a StationMD doctor:



Call StationMD at 1-877-STATMDS (1-877-782-8637)



The StationMD receptionist will collect patient information (please have insurance & Medicaid information ready)



A StationMD technical assistant will help you or your caregiver complete patient check-in from a smart device (Android, iPhone, iPad, or tablet)



The StationMD clinician will join momentarily

*“This was so easy, simple, and is exactly what these families need.”*

**Amanada Adams-Barnes**  
Mother to Cooper, a StationMD patient



All StationMD doctors are specially trained to care for individuals with I/DD



StationMD doctors have conducted over 100,000 telemedicine visits with individuals with I/DD



Using StationMD typically reduces the need to travel to the ER or urgent care clinic



Following a telemedicine visit, StationMD will coordinate with an individual's regular doctor to ensure continuity of care. StationMD is not a replacement for primary care but rather an additional resource when people with I/DD need immediate medical care.